













SAMIA ALLOUBA

FOREVER FIT

Maadi XFIT Classes Schedule for October 2017.

| | | | | | |
|------------------|------------------------|---|--|--|---|
| Saturday | | | 6:00-7:00 Xfit Studio  Haitham | 7:00-8:00 Xfit Studio  Haitham | |
| Sunday | | | 6:00-7:00 Xfit Studio  Haitham | 7:00-8:00 Xfit Studio  Haitham | |
| Monday | | | 6:30-7:30 Xfit Studio  Karim | 7:30-8:30 Xfit Studio  Karim | |
| Tuesday | | | 6:00-7:00 Xfit Studio  Haitham | 7:00-8:00 Xfit Studio  Haitham | |
| Wednesday | | | | 7:30-8:30 Xfit Studio  Karim | 8:40-9:40 Yoga St.  Samar |
| Thursday | | 9:00-10:00 Xfit Studio  Haitham | | 7:00-8:00 Xfit Studio  Karim | |
| Friday | 7:30 am Morning Run | | | | |

Kindly note that this schedule is subject to change according to registration.

The center reserves the right to appoint a substitution when needed without prior notice.

Please arrive ahead of time to give yourself the time to unwind and get ready.

Thank You for your Cooperation.

For More Info, Call: 0122 9101901