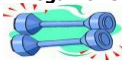












Mohandessin Group Fitness Schedule From Saturday 24th to Friday June 30th 2017.

		Morning			Evening				
Saturday						9:00-10:00 St.1 Mega Tone  Karima (LO)	9:00-10:00 St. 3  Mona (MX)	10:00-10:45 St.1  Suspension Training Mostafa (MX)	
Sunday	No Classes The Gym Will Be Open From 10:00 AM To 8:00 PM								
Monday	No Classes The Gym Will Be Open From 10:00 AM To 8:00 PM								
Tuesday			12:10-1:10 St. 1  Sondos (LO)				7:00-8:00 St.3  Radwa (MX)		
Wednesday	10:30-11:30 St.1 Step  Randa (LO)					6:30-7:30 St. 1  Mai (LO)	7:30-8:30 St.3  Amr Sh. (MX)		
Thursday	10:30-11:30 St.1  Ghada(LO)						7:30-8:30 St. 1  Mohamed (MX)		
Friday		11:30-12:30 St.1  Sondos (LO)							

- Please note that this schedule is subject to change according to registration.
 - The center reserves the right to appoint a substitution when needed, without prior notice.
 - Please make sure to sign in for the classes 30 minutes before class starting time.
- Thank You for your cooperation ☺