










Green Heights Group Fitness Schedule from Saturday June 24th to Friday June 30th 2017.

	Morning					Evening				
Saturday						9:00-9:30 St.1  Mai	9:30-10:30 St.1  Amr Sh.			
Sunday	NO CLASSES. THE GYM WILL BE OPEN FROM 10:00 AM TO 8:00 PM									
Monday	NO CLASSES. THE GYM WILL BE OPEN FROM 10:00 AM TO 8:00 PM									
Tuesday		10:30-11:30 St.1  Nesma (LO)					7:00-8:00 St.1  Rania			
Wednesday			11:00-12:00 St.1  Manar (LO)			7:00-8:00 St.1 Trampoline  Sara				
Thursday	9:30-10:00 St.1  Rania (LO)	10:00-11:00 St.1  Rania (LO)			6:15-7:00 St.3 Spinning  Mourad					

- Please note that this schedule is subject to change according to registration.
- The center reserves the right to appoint a substitution when needed, without prior notice.
- Please make sure to sign in for the classes 30 minutes before class starting time.
 - Thank You for your cooperation ☺